












MENU HIGH SCHOOL

APRIL

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: WG Cheerios Cereal, Mixed Fruit, 100% Apple Juice, Choice of Milk.	Breakfast: WG Pancakes w/Syrup, Banana, 100% Grape Juice, Choice of Milk.	Breakfast: WG Blueberry Muffin, String Cheese, 100% Juice, Craisins, Choice of Milk.	Breakfast: WG Egg & Cheese Croissant, 100% Tangerine Juice, Tropical Fruit, Choice of Milk.	Breakfast: WG Long Donut, Fresh Apple, Choice of Milk.
1	2	3	4	5
Chicken Fajitas WG Tortillas Frijoles de la Olla Chilled Pear Choice of Milk	Cheeseburger WG Bun Potato Wedges Mandarin oranges Choice of Milk -Ketchup	WG Cheese Lasagna Deluxe Salad Chilled Peaches Choice of Milk -Ranch	WG Beef & Bean Burrito Baby Carrots Sliced Orange Choice of Milk -Ranch	WG Alaskan Pollock Sticks Mashed Potatoes & Gravy Steamed Corn Craisins Choice of Milk
8	9	10	11	12
WG Boneless Chicken Wings Celery & Carrots Sticks Mixed Grapes Choice of Milk -Ranch	Asian Chicken w/ WG Rice Graham Cracker Baby Carrots Applesauce Choice of Milk -Ranch	WG Cheese Ravioli Cheese Stick Pretzel Goldfish Cracker Crunchy Broccoli Mixed Fruit Choice of Milk	Sloppy Joe WG Bun Elegant Carrots Watermelon Choice of Milk	WG Chicken Patty Cowboy Potatoes w/Corn Chilled Peaches Choice of Milk -Mayonnaise
15	16	17	18	19
Beef Tacos WG Tortilla Shredded Lettuce & Shredded Cheese Tropical Fruit Choice of Milk -Salsa	WG Pizza Sticks Deluxe Salad Sliced Orange Choice of Milk -Marinara Dipping Sauce	WG Turkey Sandwich Sliced Cheese Steamed Broccoli Pineapple Choice of Milk	WG Hawaiian Pizza Famous Salad Mango Choice of Milk 	
22	23	24	25	26
				
29	30			
Beef Nachos with Cheese Shredded Lettuce Refried Beans Whole Banana Choice of Milk -Salsa	Brunch For Lunch WG Egg, Sausage & Cheese Croissant Vegetable Juice Cantaloupe & Watermelon Choice of Milk		Our Daily Lunch Menu Follows the NSLP guidelines. A complete meal is when a student takes the 5 components during Lunch and all the complements during Breakfast. St. Anthony School uses Serve style.	
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR

WG = Whole Grain

This Institution is an equal opportunity provider

Menu subject to change without notice

*Skim, unflavored milk is served to childrens ages 2-5 years olds.

St. Anthony provides safe water for our students.