

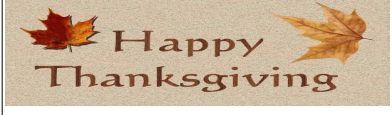




MENU HIGH SCHOOL

NOVEMBER

2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: WG Pancake, Syrup, Banana, 100% Apple Juice, Milk.	Breakfast: WG Banana Bread, Craisins, 100% Grape Juice, Milk.	Breakfast: Mini WG French Toast Chocolate Chip, Mandarin Oranges, 100% Fruit Punch Juice, Milk.	Breakfast: WG Zucchini Bread, Mixed Fruit, 100% Fruit Juice, Milk.	Breakfast: WG Pop Tart Brown Sugar, Tropical Fruit, 100% Kiwi Juice, Milk.
1	2	3	4	5
WG Turkey & Cheese Sandwich Corn Salad Orange Milk	WG Chicken Patty Broccoli Florets Peach Milk	Harvest Chicken Salad WG Bun Crunchy Broccoli/Ranch Mixed Fruit Milk	WG Chicken & Cheese Quesadilla Deluxe Salad Orange Milk	WG Corn Dog Vegetable Juice Banana Milk
8	9	10	11	12
WG Cheeseburger Potato Wedges Mixed Fruit Milk -Ketchup	WG Cheese Pizza Sticks Corn Applesauce Milk -Marinara Sauce	WG Cheese Quesadilla WG Banana Bread Carrot Sticks Pear Milk	WG Chicken Patty Broccoli Florets Peach Milk -Mayonnaise	NO SCHOOL
15	16	17	18	19
WG Beef Tacos Shredded Lettuce Refried Beans Orange Milk	WG Hot Dog Celery Sticks Plum Milk -Ketchup	WG Sandwich Ham & Cheese Baby Carrots Craisins -Ranch	WG Chicken Tacos Cucumber/Lime Fresh Pear Milk -Taco Sauce	WG Calzone Corn Applesauce Milk
22	23	24	25	26
WG Burrito Broccoli Applesauce Milk	Thanksgiving Turkey WG Dinner Roll Mashed Potato/Gravy Mandarin Orange Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
29	30			
WG Pepperoni Pizza Baby Carrots Craisins Milk 	WG Chicken Nachos Nacho Cheese Sauce Shredded Lettuce & Tomato Pineapple		Our Daily Lunch Menu Follows the NSLP guidelines.	
*Skim, unflavored milk is served to childrens ages 2-5 years olds.			St. Anthony provides safe water for our students.	
WG = Whole Grain		This Institution is an equal opportunity provider		Menu subject to change without notice